

## MRSTAPH CRISIS UPDATE

## **FACTS:**

- 1. MRStaph is getting worse each year increasing liability exposure.
- 2. MRStaph is contagious and zoonotic (apx 5%)
  - a. MRStaph aureus: from people to animals back to people
  - b. MRStaph pseudintermedius: from dogs to people
  - c. MRStaph schleferi: equally zoonotic
- 3. Immunosuppressed people are at increased risk (infants, elderly, chemotherapy, lupus, organ transplant patients, HIV, etc)
- 4. Steroids and FQ antibiotics increase the risk of MRStaph.
- 5. Identifying and treating the patients primary disease is essential.

## What to Do:

- 1. Discuss and inform your staff and implement CDC MRSA Guidelines.
- 2. Discuss and inform your clients and **Get signed disclosure and consent form**
- 3. Stop all steroids as even low doses inhibit WBC activity that is essential.
- 4. Monitor the infection with frequent cultures.
  - a. Combine several antibiotics to treat the MRStaph.
  - b. Use frequent topical disinfection as often as possible.
- 5. Assess contagion/zoonosis risk for the family and your staff:
  - a. Offer to refer the patient for treatment.
  - b. Offer to hospitalize the patient for treatment in isolation facility.
  - c. Offer foster care for the patient with family willing to assume the risks.
  - d. Educate the family about home isolation and infection prevention measures.
- 6. Treat the primary disease AGGRESSIVELY!

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