# DERMATOLOGY WORK-UP

VERITY OF ITCHING	DET'S NAME.
2 3 4 5 6 7 8 9	<b>PET'S NAME:</b>
WHAT ARE THE INFECTIONS?  Perform 3-Slide Technique™ during the phys  Slide 1 Skin Scrape (hairplucks): Positive for  Slide 2 Ear Swab: Positive for  Slide 3 Tape Prep/Impression Smear: Positive for	/Negative /Negative
<ul><li>O Pyoderma</li><li>O Demodex</li><li>O Dermatophytosis (if suspected, confirm with DTM culture)</li></ul>	<ul><li>O Otitis (Cocci, Yeast, Pseudomonas)</li><li>O Pododermatitis (Cocci, Yeast)</li><li>O Yeast Dermatitis</li></ul>
COMMON ALLERGIC SIGNS <sup>1</sup>	

#### A. LUMBAR DERMATITIS

Flea Allergy: (very reliable pattern)

- 1. Caudal 1/3 of body
- 2. Flea comb identifying fleas or flea dirt
- 3. Multiple animals involved or humans affected
- 4. Variable response to steroids
- 5. Fall and Spring are often worse but can be year-round

#### **B. EAR-SCRATCH TEST**

**Scabies:** (1-2 are highly reliable)

- 1. Positive pinnal pedal reflex is 80% diagnostic
- 2. Ear margin, distal legs, lateral elbow, ventrum
- 3. Variable responsive to steroids
- 4. Confirmed by response to treatment
- 5. Skin Scrapes are often falsely negative

# C. PERIANAL DERMATITIS

Food Allergy: (less common but 1-5 increase probability)

- 1. Perianal dermatitis
- 2. GI symptoms; more than 3 BM/day, diarrhea, vomiting, flatulence
- 3. Less than 1 year or older than 5 years at onset
- 4. Labradors and German Breeds may be predisposed
- 5. Variable response to steroids

# D. FOOT LICKING

### **Atopic Dermatitis:**

(1-5 are highly reliable)

- 1. Started at 6 months-3 years of age
- 2. Front feet affected
- 3. Inner ear pinnae erythema
- 4. Lives indoors
- 5. Ruling out Scabies (ear margin dermatitis) and Flea allergy (lumbar dermatitis)
- 6. Seasonal symptoms progressing to year-round

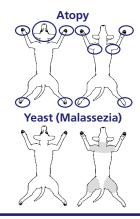
**Hyporthyroidism:** (can mimic allergic dermatitis)

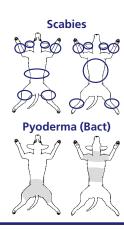
- 1. Recurrent infection may cause pruritus
- 2. Lethargy, weight gain, dry coat, hypotrichosis
- 3. Nonpruritic when infections are resolved



#### PATTERN RECOGNITION









#### TREAT THE ACUTE FLARES:

Cause	Recommended Treatment
Bacterial Pyoderma	
Yeast Infections	
Otitis	
Flea Infestation	
Scabies Treatment	
Steroid "Crisis" Therapy Topical Short-Term Steroid	

## TREATMENT, CONTROL AND PREVENTION OF FUTURE FLARES:

		Cause	Recommended Treatment
Atopy	Atomy	Immunotherapy Allergy Vaccine	
	Асору	Atopica® (Cyclosporine capsules, USP) MODIFIED	
Thyroid Supplementation bid		pplementation bid	

#### **AVOIDING THE TRIGGERS:**

Cause	Treatment	Recommended Treatment
Bacteria Yeast Pollens	<b>Regular bath</b> with an antimicrobial shampoo. <b>Wipe off affected areas</b> (feet, face, etc.) as often as possible	
Otitis	Routine Ear Treatment/cleaning	
Flea and Intestinal Parasites	Year-round Prevention	
Food Triggers	Restricted diet	
House Dust Mites	Dehumidify, replace dog bed, anti-allergy spray (benzyl benzoate)	

#### PROMOTE SKIN HEALTH AND RESTORE BARRIER FUNCTION:

Cause	Recommended Treatment	
Essential Fatty Acids		
Antihistamines		
Soothing, Leave on Conditioner		

# RECHECK APPOINTMENT:



Source: Keith Hnilica, DVM, MS, DACVD.

Source: R.S. Mueller DipACVD, FACVSc, S.V. Bettenay BVSc, FACVSc, and M.Shipstone BVSc, DipACVD, FACVSc: Value of the pinnal-pedal reflex in the diagnosis of canine scables, *The Veterinary Record*, Vol 148, Issue 20, 621-623.

Source: The ACVD task force on canine atopic dermatitis (XIV): clinical manifestations of canine atopic dermatitis, 2001.

Source: Craig Griffin, DVM, DACVD.



