

ALLERGY TREATMENT LEVELS

Level 1

Allergen Avoidance to Reduce all and any IgE allergy antibody

Frequent baths every 3-7days disinfecting shampoo+Oatmeal Conditioner

New generation Parasite prevention every 30 days

Itch Control

Generic Antihistamines every 12 hours (Benadryl at bedtime)

Topical Genesis or Leave-on-Lotion applied every 12-24 hours

Omega 3 Fatty Acids and CBD oil every day

Level 2

Cytopoint every 1-3-6 months to control allergy and prevent infections

Food Allergy - Avoid ALL/ANY Beef, Dairy, Cheese, Chicken, Egg, and Turkey

More Aggressive/Strict **YEAST and BACTERIA** control and prevention

More Aggressive/Strict **MITES/INSECT** prevention - high-dose+repellent

Level 3

Allergy Skin Testing and Allergy Desensitizing **Vaccine** Therapy

Low-dose Dex steroid on WEEKENDS every Sat + Sunday

More Aggressive/Strict **DIET** restriction - HOME-COOKED diet

Cyclosporine/Atopica/Cyclavance daily treatment

Consider **HYPOTHYROIDISM** and/or **CUSHING's** syndrome

Level 4 (rescue/salvage treatment)

Steroids - Mon + Wed + Fri >> Daily

Apoquel - Mon + Wed + Fri >> Daily

2 Planning



Allergy, Dermatology, and Otolaryngology

**TREATING ATOPY (ENVIRONMENTAL ALLERGIES) CAN BE VERY SUCCESSFUL
BUT DOES INVOLVE WORK AND LONG-TERM TREATMENT.**

1. ALLERGY PREVENTION THERAPY

REMOVE POLLEN WITH FREQUENT BATHS AND WIPES AND GENESIS SPRAY

PREVENT INSECTS WITH MONTHLY SIMPARICA, CREDELIO

BLOCK HISTAMINE WITH DAILY GENERIC ANTIHISTAMINES

PROMOTE SKIN and GLAND HEALTH WITH OMEGA 3 FATTY ACID and VITAMIN A

FOOD ALLERGY RESTRICTED DIET TO AVOID ALL BEEF, DAIRY, CHEESE, CHICKEN,
NO EGG, TURKEY, VENISON, BISON, BUFFALO. (list available)

HYPOTHYROIDISM - THYROID BLOOD LEVELS SHOULD BE CHECK WITH LAB-WORK

TREATMENT FOR POLLEN ALLERGIES

2. **CYTOPOINT - MONOCLONAL ANTIBODY THERAPY INJECTION**

90% EFFECTIVE IN 48 HOURS

REPEATED EVERY 2-3-6 MONTH

Injection stings but otherwise NO SIDE EFFECTS

3. **ALLERGY SKIN TESTING AND VACCINE**

85% EFFECTIVE IN 4-6 WEEKS

70% CURE AFTER 2 YEARS - 1% SIDE EFFECTS

\$350 ALLERGY TEST + VACCINE \$275 PER 6 MONTHS

4. **ATOPICA** - 80% EFFECTIVE IN 6 WEEKS

NO ADVERSE EFFECTS EXCEPT RARE GI UPSET 5%

EMERGENCY-RESCUE TREATMENT OPTIONS

4. **STEROIDS**

MOST SIDE EFFECTS ON THE LIVER AND OTHER ORGANS

MRSA STAPH RISK AND URINARY INFECTIONS

5. **APOQUEL** - 80% EFFECTIVE IN 3 DAYS but NO CURE

10% RISK OF TUMORS, PNEUMONIA, DEMODEX MITES

PLEASE READ THE COMPLETE LABEL

SAFE

MOST SIDE EFFECTS